

Demonstrating Fabric-Based Breadboards as Women-Centered Prototyping Tools for E-Textile LED Circuits

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Figure 1: We explore the design of ‘FabricBoards’ for prototyping and testing wearable components using various textile crafts for creating FabricBoards through sewing, quilting, layering, weaving, knitting, felting, and embroidering.

Abstract

E-textile circuit prototyping presents unique challenges, as current electronic prototyping tools are often rigid and incompatible with the flexible nature of fabric. In this demo, we present FabricBoards, a set of fabric-based breadboards designed for e-textile LED circuits, by women, for women. FabricBoards reimagine the solderless breadboard in a textile-based form, using tools and materials native to textile crafting, making them inviting and accessible to historically underrepresented makers. We explore various textile crafts, including machine sewing, felting, knitting, crocheting, digital embroidery, and weaving, culminating in a set of design artifacts that demonstrate a bridging gap between craft and electronics practices while offering an accessible entry point for diverse makers.

CCS Concepts

• **Human-centered computing** → **Human computer interaction (HCI)**; • **Hardware** → *Emerging interfaces*.

Keywords

e-textile; rapid prototyping; fabric; breadboard; weaving; felting; machine-sewing; crochet; knit; fabrication; hybrid craft; physical computing; women; girls; inclusive; STEM

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1 Introduction

E-textile is an expanding area of wearable computing in HCI, where fabrics are embedded with electronic components to create interactive garments [24, 51, 58, 59] and everyday things [24, 32, 41], yet

a persistent challenge lies in supporting rapid and flexible prototyping [22, 29, 31, 36]. While solderless breadboards play a central role in traditional electronics for experimentation, testing, and debugging, comparable tools in e-textiles remain limited [22, 44], particularly for makers from non-privileged demographics [19, 50] who must navigate challenges of material compatibility, visual hierarchy, and aesthetics [44, 53]. Existing e-textile prototyping solutions [22, 37, 42] often depend on non-textile-native components [22] or impose rigid structures that conflict with the softness, flexibility, and drape of fabric [34, 37].

HCI literature positions textile crafts as a pathway to broaden participation and foster gender inclusivity in computing [35], yet prior work has identified limitations in the hardware design of commercial e-textile kits from an inclusive design perspective [47]. In response, we use textile-native materials and connections that align with established textile craft practices (e.g., stitching, weaving, embroidery), leveraging familiar tools, tacit skills, and the inherent qualities of fabric, rather than forcing textiles to accommodate standard electronic components such as rigid tools and breadboards [44]. To address this gap, we adopt a Research through Design (RtD) approach to develop FabricBoards as fully fabric-based prototyping boards for e-textile LED circuits that draw inspiration from prior breadboard explorations [22, 37, 42, 60] while reframing electronics prototyping as a craft-native and material-driven practice.

2 Background

Prior HCI work has extensively investigated breadboards as tools for rapid prototyping, spanning software tools for ideation and simulation [38, 39], to physical and hybrid reinterpretations that expose connections, support visual debugging, or adopt unconventional materials and form factors [4, 14, 33, 43, 54]. Educational designs such as EdBoard [57] and BitBlox [11] aim to reduce the opacity of traditional solderless breadboards by exposing internal connections or modularizing circuitry, addressing challenges also noted in ThreadBoard [22]; however, most breadboards remain rigid and plastic-based, making them poorly suited to the soft nature of textiles [6, 22]. E-textile construction kits, such as the LilyPad Arduino [7] and subsequent toolkits [5, 26, 27, 29], have enabled accessible entry points for integrating electronics into fabric, while prior work like TeeBoard [42] and ThreadBoard [22] attempt to support rapid prototyping via snaps or magnets, though often at the cost of flexibility, reusability, or seamless fabric integration [53]. Much of this work has centered able-bodied, often male users [19, 50] or children [47], with limited inclusion of women and disabled makers [19], despite broader calls to support gender equity, aesthetic expression, and individualism in making [50] and rare efforts to engage women in e-textile practices [30]. In parallel, research on hybrid textile crafts has explored hand-stitched [40, 56], machine-sewn [16, 25], and other textile modalities including embroidery [28], crocheting [21], knitting [36], felting [15], and weaving [1], yet rarely in the context of breadboards as a design space. Responding to Posch’s call for tools that “bring e-textile artefacts into being” within a fragmented toolkit landscape [44], this work situates fabric breadboards at the intersection of unconventional breadboards, inclusive e-textile tools, and hybrid textile crafts.

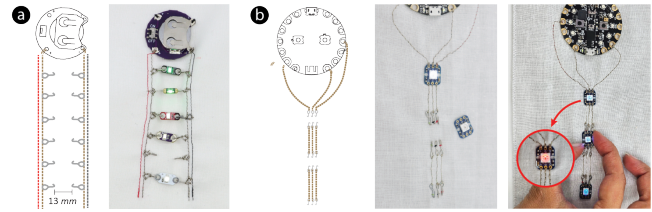


Figure 2: Machine-sewn FabricBoards: (a) FB1 with a battery and hooked LEDs, and (b) FB2 supports RGB LEDs through a microcontroller.

3 Fabrication Methods

In our full paper [23], we adopted a Research through Design (RtD) approach [46, 62] and an iterative design process to explore different fabrication methods. This process resulted in a collection of fabric-based breadboards suitable for women, craft practitioners, diverse audience, and beginners to e-textile prototyping.

3.1 Machine-Sewing with Hooks

Inspired by recent research [16, 25], we explored machine-sewing as an accessible craft-based fabrication method. Our first demo, FB1 (Figure 2a), includes a switchable coin cell battery holder connected to a set of conductive hooks with colour-coded seams (red for power and black for ground) via machine-sewn conductive traces. We used accessible fabric-friendly materials, with a neat finish, offering quick connections in a creative way with high visual clarity, and require no customization of electronic components. In the second demo, FB2 (Figure 2b), we integrate a sewable microcontroller (Adafruit Circuit Playground Express) and RGB addressable LEDs (NeoPixels), commonly used in e-textile projects [3, 52, 55], using hook ‘terminals’.

3.2 Quilting: FishBoard and ButterflyBoard

Drawing inspiration from quilting techniques, we extended machine-sewn FabricBoards and designed expressive forms and textures to create two quilted boards: the FishBoard and the ButterflyBoard, shown in Figure 3. Constructed like quilts, each board consists of three layers: a top appliquéd fabric layer using scrap materials, a middle insulating batting layer, and a backing fabric. The use of scrap and recycled materials in this approach contributes to the growing body of HCI research on sustainable textiles [17, 61]. Decorative and functional stitching was used to secure the layers and integrate pairs of conductive seams with hooks and eyes, along with a switchable battery stitched to the back.

3.3 Layering: GridBoard

This technique draws on ‘fabric layering’ practices, where a semi-transparent overlay is combined with a functional base layer to create a composite textile with both visual appeal (in the overlay) and structural complexity or functional utility (in the underlay). Many e-textile applications require 2D layouts to illuminate specific shapes or visual elements [2, 6, 10, 63]. Inspired by this need, we demo the GridBoard as a horizontal expansion of the circuit layout, featuring a 13×6 grid (Figure 4a). To complement this structure

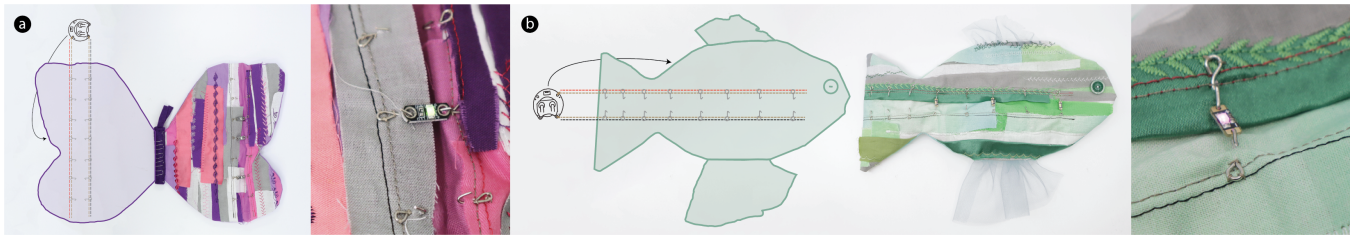


Figure 3: Quilted FabricBoards. Front view with circuit diagram and LED close-up of: (a) ButterflyBoard and (b) FishBoard.

and support creative flexibility, we designed themed overlays such as ‘Peas in a Pod’ (Figure 4b–c) and ‘Starfish’ (Figure 4d–e), which conceal the circuit layout and guide complex LED placement. These overlays allow makers to prototype, plan, and test 2D designs.

3.4 FeltBoard

We used needle felting as a fabrication method [15] for creating a textile breadboard, using 100% Merino wool (carded and combed) for the base layered on a 9" × 12" white 100% polyester Tailor craft felt sheet for stability. For the connection paths, we used Merinox conductive fibre. Two parallel paths were felted to serve as power and ground, with red fibre added to mark the power line, as seen in Figure 5a. Short circuits can occur due to the nature of the material as felted conductive fibres are prone to friction with felting needles and tend to interlock, catch, and bridge unintentionally. These issues can be mitigated by twisting the conductive fibres before felting, holding the fibre bundle in hand (rather than placing it on the felt), and keeping the felted sheet on the sponge while working, rather than lifting or shifting it. With these precautions, we achieved reliable results on layouts with aesthetic richness (Figure 5b).

3.5 CrochetBoard

To explore hand crochet as a fabrication method, we used a 2mm crochet hook to crochet a FabricBoard of three pairs of 10cm long connection paths with single crochet stitches, each using a different combination of conductive strands, see Figure 5c–d. Samples 1 and 3 were quick and easy to connect to, while Sample 2 (using conductive fancy yarn [24]) was unreliable due to the conductive thread being embedded and difficult to access. Sample 1 offered the most reliable and convenient connection due to a larger conductive surface area, though it consumed more conductive thread than Sample 3. On the crochetBoard, both sewing pins and earring studs work well with sewable components such as LEDs, sensors, and battery holders.

3.6 KnitBoard

For knitted FabricBoards, we used both hand-knitting and machine-knitting techniques. For hand-knitting, we used 4mm needles and thick polyester yarn, creating two conductive connection paths over a length of 10cm with a garter stitch (Figure 5e). Sample 1, utilizing a hand-spun conductive fibre (50-50 blue Merino wool), proved unreliable due to inconsistent surface exposure of the conductive fibres. Sample 2 combined non-conductive red yarn with conductive thread, which was difficult to knit and similarly unreliable. These limitations prompted us to explore machine-knitting for tighter, more consistent results (see Figure 5f). We designed

edge-to-edge connection paths, which would be more suitable than inlay techniques for functional breadboard layouts, using a size 6 front-bed stitch on a Kniterate machine using with Madeira HC12 conductive thread. Using the plating technique refined our fabrication method and improved conductivity by bringing the conductive yarn directly to the fabric’s surface.

3.7 WovenBoard

The WovenBoard demo (Figure 5g,h) was made using a computational Jacquard loom. Using AdaCAD [13], we designed a weaving draft that mimics a breadboard layout, which included four vertical conductive columns and two horizontal double-layer weft inlay traces, repeated five times and varied by weaving structure (tabby, twill, satin, shaded satin) and conductive material (Madeira HC12, HC40, or textured sperged yarn [24]). The vertical paths used an alternating conductive thread and colour-coded supplementary warp (red for power, black for ground). After weaving, the fabric ends were finished with a decorative fringe, allowing the four vertical conductive paths to serve as attachment points for power and ground. Electrical performance was strong across the ten inlay paths with supplementary warp paths (Sample 3) showing a higher resistance due to partial insulation from the shuttle weft. Despite this, the vertical power and ground paths supported up to 8 LEDs using a 3V coin cell battery, secured with release knots.

3.8 EmbroideredBoard

We applied established methods for digitally-embroidered circuits [32, 45] to design a cotton fabric breadboard featuring three pairs of connection paths (Figure 5i) outlined with a running stitch to colour-code power and ground. We used Madeira HC40 conductive thread and tested three 10cm samples with different stitches. Sample 3 (horizontal step stitch) outperformed both satin stitches of Samples 1 and 2 in terms of electrical conductivity, while also using less conductive material and, thus, generating less e-waste. We further expanded the aesthetic possibilities of embroidery, freeing paths from the grid layout of straight lines into creative curved shapes in the *SnailBoard* (Figure 5j). Embroidered stitches demonstrated superior structural integrity, appearing tighter, more uniform, and mechanically stable than the looser knit, compressible crochet, or lower-density woven paths.

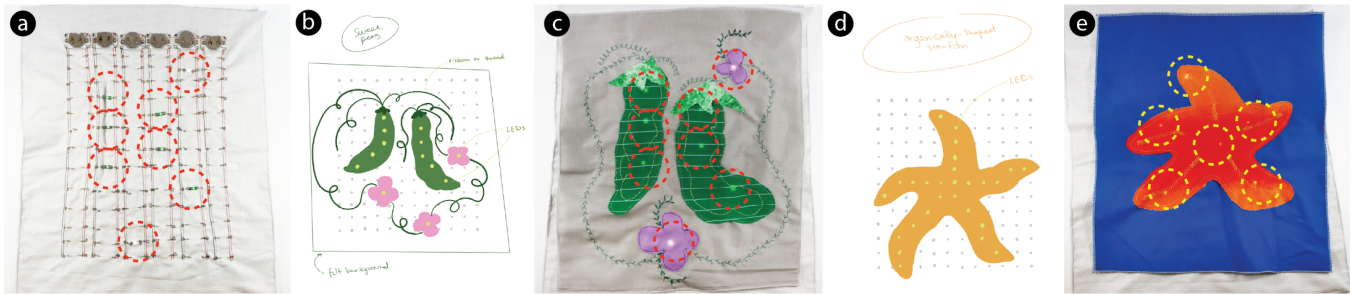


Figure 4: (a) GridBoard with “Peas in a Pod” and “Starfish” (b, d) designs on fabric overlays placed on top of the GridBoard (c, e).



Figure 5: FabricBoard Demos: a) FeltBoard; b) with aesthetically rich design possibilities; c) CrochetBoard; d) with LEDs in a circuit connected using sewing pins; e) KnitBoard; f) with machine-knitting; g) WovenBoard resembling the solderless breadboard layout; h) an LED circuit connected to it using sewing clips; i) EmbroideredBoard; j) supporting creative shapes.

4 Discussion

Building on the Computational Making Framework [49], our work argues for rethinking breadboards as textile-native, materially expressive, and inclusive prototyping tools rather than neutral technical substrates. Prior HCI research has shown that aesthetics, creativity, constructing, and visual clarity are central yet often undervalued dimensions of computational making, particularly in tools historically shaped by male-dominated electronics cultures [50]. Fabric-based breadboards foreground aesthetics as a core design consideration, challenging the visual clutter and intimidation associated with jumper wires and alligator clips, and aligning with long-standing evidence that craft-oriented materials can broaden participation in computing [35]. The flexibility and drapability of textiles enable new creative configurations beyond rigid grid layouts, supporting in-situ, curved, and soft-surface prototyping that is difficult to achieve with traditional methods such as alligator clips [9] or stitched conductive traces [16], while extending prior work on e-textile ideation toward prototyping and testing [29].

Emphasizing ease of construction and replication, fabric-based breadboards leverage off-the-shelf sewable components and accessible craft techniques, avoiding the need for custom-modified hardware common in earlier work [22, 42], and supporting modular reconfiguration. Visual clarity is embedded directly into the material through textile techniques such as colour-coding and structural patterning, extending earlier alternative breadboards [22, 37, 42, 60]

and reducing cognitive load during circuit assembly. From a materiality perspective, this work expands explorations of unconventional breadboards beyond plastic, garments, or leather [22, 37, 42] to include diverse textile crafts, aligning with research that positions materials as active contributors to meaning-making and design reasoning [18, 20, 48]. Finally, we argue that inclusivity and sustainability (that are absent from the original Computational Making Framework [49]) are essential dimensions for future prototyping tools that support embodied and tactile accessibility [44, 56], resonating with inclusive e-textile design practices [8, 12], and enabling more sustainable prototyping by reducing reliance on disposable conductive materials and alligator wires [1, 17, 31, 61].

5 Conclusion

This work demonstrates FabricBoards as a design exploration of fabric-based breadboards that reimagine e-textile prototyping through a Research through Design approach. Rather than proposing a single optimized solution, FabricBoards foreground materiality as a central design concern, showing how textile-native materials and construction methods shape interaction, accessibility, and expressiveness in circuit prototyping. Through iterative experimentation across a range of textile crafts (including machine sewing, crochet, knitting, weaving, felting, and digital embroidery) we demonstrate how different textile structures afford distinct forms of connectivity, flexibility and visual clarity revealing trade-offs inherent to each textile craft. By grounding electronic tools in Hybrid Craft research, this work expands the design space of e-textile prototyping tools

and argues for inclusive and textile-native alternatives that better align with the practices and constraints of textile-based electronics.

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